

Welcome to a time of prayer and reflection for Trinity Sunday Let's be still and recognise that we are in the presence of God who is Father, Son and Holy Spirit. Amen.

The lovely hymn with words attributed to St Patrick, that I am going to draw on later, begins :

I bind unto myself today
the strong name of the Trinity
by invocation of the same,
the Three in One and One in Three.

And reminds us that we are held in the threefold love of God: Father, Son and Holy Spirit. As we come in worship of the Three in One and One in Three, let's ask God for forgiveness and healing from all that we do that falls short of that love, and all that gets in the way of our openness to the life of the Trinity

Father, you come to meet us when we return to you:

Lord, have mercy.

Lord, have mercy.

Jesus, you died on the cross for our sins:

Christ, have mercy.

Christ, have mercy.

Spirit, you give us life and peace:

Lord, have mercy.

Lord, have mercy.

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit and raise you to new life in Christ our Lord.

Amen

Let us pray:

Holy God,

faithful and unchanging:
enlarge our minds with the knowledge of your truth,
and draw us more deeply into the mystery of your love,
that we may truly worship you,
Father, Son and Holy Spirit,
one God, now and for ever.
Amen.

From the Gospel according to John: 3:1-17

Sermon (see attached text)

Let us pray:

We come boldly to the throne of grace,
praying to the almighty God, Father, Son, and Holy Spirit
for mercy and grace.

We pray before your throne in heaven.

Father of heaven, whose love profound
a ransom for our souls has found:

We pray for the world, created by your love,
for its nations and governments ...

Extend to them your peace, pardoning love, mercy and grace.

We pray before your throne in heaven.

Almighty Son, incarnate Word,
our Prophet, Priest, Redeemer, Lord:

We pray for the Church, created for your glory,
for its ministry to reflect those works of yours ...

Extend to us your salvation, growth, mercy and grace.

We pray before your throne in heaven.

Eternal Spirit, by whose breath

the soul is raised from sin and death:

We pray for families and individuals, created in your image,
for the lonely, the bereaved, the sick and the dying ...

Breathe on them the breath of life

and bring them to your mercy and grace.

We pray before your throne in heaven.

Thrice holy! Father, Spirit, Son,

Mysterious Godhead, Three in One:

We pray for ourselves,

for your Church, for all whom we remember before you ...

Bring us all to bow before your throne in heaven,

to receive life and pardon, mercy and grace for all eternity,

as we worship you, saying,

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest. Amen.

For the coming of God's kingdom we pray in the words Jesus gave us:

Our Father who art in heaven. Hallowed be thy name. Thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation but deliver us from evil. For thine is the kingdom, the power and the glory. Forever and ever, Amen.

Giving thanks for the communion we share through baptism with one another and with God in Christ Jesus our Lord we make an act of spiritual communion in the words of this prayer:

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. As I cannot receive you sacramentally today, I ask you to come spiritually into my heart. O most

merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

God the Holy Trinity make you strong in faith and love,
defend you on every side,
and guide you in truth and peace;

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**